



Voice4Change England, in partnership with Sport England, has awarded 28 organisations £260k in grant funding as part of the Together Fund, enabling them to carry out sport and physical activities in their local communities.

Below is an alphabetised list of our grantees and a summary of their projects. For a regional view, please see our [awards map](#).

Alridha Foundation £10,000

London

This grant will provide 45 inactive and isolated young people aged between 9-15 from minoritised backgrounds with 14 weeks of multisport activities to enable greater access to sports, improve mental and physical health, and reduce isolation. Sports include basketball, badminton, netball, yoga, and volleyball.

Bengali Sanskriti Club Peterborough £9,618

Peterborough

This project will primarily work with the Bengali community, largely women and the elderly, but is open to all ages and genders. Activities such as football, walking, yoga, meditation and swimming will be tailored to accommodate the service users cultural and physical needs.

Blooming Blossoms Trust £8,300

London

This project aims to increase physical activity in isolated and inactive children, enhance social interaction, and celebrate cultural differences through fortnightly trampolining and weekly cultural dance for Jewish children aged between 7-15. The organisation will also host dedicated parent and child events and accommodate their disabled users who struggle to engage in mainstream activities.

Carers Forward CIC £9,378.75

Birmingham

The activities (ball games, obstacle courses, physical play, climbing, team play and healthy eating) are aimed at children aged 5-11 who have a health condition that inhibits involvement in sports activities. The sports will run over the summer, autumn and winter holiday periods, with the aim to improve access to sport and physical activity for disabled children, see improvements in health, create opportunities for participation for siblings, young carers and individuals, provide healthy food, additional skills, and a wider support network.

Centre for Equality and Diversity £9,984

Dudley

10 sport and physical activities will be used to engage women and girls from a Muslim background, whilst remaining open to the wider community. Cultural needs will be met through female only classes and multilingual volunteers, with activities adapted to account for varying abilities. Activities offered are walking, swimming, Zumba, badminton, football, netball, boxing, martial arts, an outdoor gym, and general fitness sessions

Centre for Policy, Promotion and Prevention Northampton £7,840

Northampton

Aimed at men aged 18 and over from a minoritised background, this project intends to improve general health, fitness and promote social inclusion in Northampton through walking, football, cycling and badminton.

Changing Life Directions £9,185

Bolton

This project aims to enable BME disabled women and girls aged 16-24 to access sports exercise classes and gym facilities, and build social networks. The organisation will enlist physical activity community champions to improve outreach, awareness and engagement with the BME community, developing multilingual information packs and working with a health professional to tackle misconceptions.

Citizen Development Community Centre £9,989

London

Aimed at elderly Asian women who have not previously participated in sports or exercise, the project aims to address both physical and mental health through swimming and yoga.

Derby West Indian Community Association £5,050

Deby

A weekly bicycle club for adults and children will be run for the Black Caribbean community in Derby. The bicycle club intends to encourage family participation, but will also target individuals. Skills and information will be through appropriate sources the training and guidance on road safety will be provided by the local council and bike maintenance taught by a local bike shop, building practical skills that will go beyond the lifetime of the project.

Global Vision Initiative £10,000

Manchester

The funds will be used to deliver 5 aside football sessions for young people every Saturday for 32 weeks. The regular physical activity aims to increase confidence and access to a healthier lifestyle, helping those at risk of long-term health conditions such cardiovascular and respiratory illnesses, obesity and those with mental health challenges.

HHH £10,000

Leicester

This project will work with women and girls aged 12 to 30 years old who have no previous access to physical activities and who are still suffering the prolonged effects of the Covid-19 pandemic. Boxercise will be used to build confidence, enhance physical and mental wellbeing and help reduce isolation and loneliness.

Idaraya Life CIC £9,754.86

Wigan

This grant will fund the development of a women's only community gym that would provide their users with free and safe space, especially for women who cannot access mainstream gym facilities due to their faith and cultural needs. The project will also provide swimming lessons for women from minoritized communities in Wigan.

Islington Bangladesh Association £7,684

London

This project will provide separate sports sessions for men and women over 30 weeks. Activities for women include dance and Zumba sessions with men engaging in indoor football and indoor tennis. The sessions will be delivered in the language of service users.

Let's Unite for Autism £9,675

London

Funding will be used to increase access to physical activities for SEN children aged 8-16 via multisport sessions over 30 weeks. Sports include dodgeball, basketball, football, and yoga. The project aims to have a positive improvement on mental and physical health of SEN.

Masjid Al Quba £9,944

Leicester

This project will engage 65 young people aged between 8-25 in boxing cardio. Beneficiaries will be from minoritised communities and may be overweight, struggle with loneliness and anxiety, be victims of bullying, or have low confidence levels.

Oasis of Love International Centre £9,912

Wolverhampton

Funding will be used to run cycling sessions with 10 cycles designed for people with disabilities and those who require extra safety due to physical instability. The project will help to increase access to physical activities that are not easily accessible or affordable for this group.

Oldham Greenhill Community Sports and Recreation Club £7,684

Manchester

A multi-sport programme will be run for young people aged between 5-16, with sessions running through two school holidays as well as on weekends for 16 weeks. Sessions will be open to those with SEND with the aim to increase confidence and physical health.

Peterborough Asylum and Refugee Community Association £9,981

Peterborough

This project aims to increase access to sport and physical activity for migrants, refugees and asylum seekers, improving their health and well-being through swimming, walking, yoga, football, table tennis, and general fitness classes.

Powered by CAN Limited £9,900

Sandwell

The project will deliver cricket and basketball for 55 young people aged between 12-18, alongside mentoring sessions to improve mental and physical wellbeing, increase their confidence, and build their teamwork and communication skills. The aim is to increase their resilience and encourage them to stay physically active to keep them from engaging in anti-social behaviour.

Salaam Peace £9,849

London, Leicester

Funding will be used to run sport sessions in London and Leicester (football, tennis, cricket, netball, basketball, rounders, hockey, tri-golf and tag rugby) to engage participants aged 6-13 who are physically inactive and provide the opportunity to have conversations about the importance of health and wellbeing at the end of each session.

Sandwell Youth in Action £9,314.88

Smethwick

This project will run weekly multisport sessions for 30 girls (aged 5-14) across 32 weeks. Activities include football, basketball, table tennis, badminton, netball and running. The aim is to reduce isolation, reinforce the importance of being more physically active and increase the number of disadvantaged children having a positive association towards sports.

Senior Citizens Asian Group Waltham Forest £9,982

London

The organisation will deliver fitness and exercise along with chair-based sessions over 2 weeks to support 55 of their inactive elderly community to increase their levels of physical activity and reduce the isolation caused by the pandemic.

Shepherdfold Ministry £10,000

London

Women and young people from lower socio-economic groups and culturally diverse backgrounds in Hackney will be engaging in various forms of team sports and physical activities to improve their physical health and mental wellbeing. Activities include weekly sessions of football, handball, basketball, walking, keep fit sessions, tennis and Zumba. They will also provide health and motivational speakers to educate people on the importance of maintaining healthy levels of physical activity so participants.

Society Alive £8,107

Norwich

Funding will be used to deliver multisport sessions over 6 months including; rowing, cycling, use of treadmill, group walking and running with a focus on women and families. The project will address issues participants face in not being able to easily accessing sport and exercise facilities and will improve health and mental wellbeing.

The Flowhesion Foundation £9,827

Bolton

Aimed at non-English speaking Pakistani boys and girls aged 11-16, the organisation intends to improve mental and physical health, improve access to sport for marginalised young people, increase confidence and social interaction, and encourage a healthy lifestyle. Boys will take part in football, girls in netball with both having a weekly rotation to boxing.

The Halo Project £9,925

Cleveland

This project will focus on single women living in refuge or social housing due to fleeing abuse/violence aged 16 and above, and their children aged 3-12. The aim is to help the women and their children combat loneliness and improve their mental wellbeing through exercise, as well as understanding the benefits of sport and exercise and becoming aware of available and suitable local sport services. The proposed sports are adult and child swimming, adult and child self-defence, adult-only walking, cycling or dance, and yoga.

The Happy and Healthy Trust £9,525

London

24 children will receive weekly 1 hour swimming sessions over 25 weeks, split into 2 groups. The project will allow them to learn how to swim and boost their physical and emotional health.

Young and Inspired £9,826

London, Kent

Funds will be used to provide weekly swimming and kayaking sessions for 60 young people with learning and behavioural disabilities. The project aims to improve participants confidence and motivation levels.